



# 20TH ANNIVERSARY LINKING PRIMARY CARE & SCHOOLS

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



New Jersey Chapter

3836 Quakerbridge Rd, Suite 108

Hamilton, NJ 08619

NON PROFIT ORG  
U.S. POSTAGE PAID  
TRANTON, NJ  
PERMIT NO. 293



## REGISTER TODAY! 20TH ANNUAL AAP/NJ SCHOOL HEALTH CONFERENCE 'BACK TO BASICS: CHALLENGES FOR THE NEXT DECADE'

DATE - WEDNESDAY OCTOBER 26, 2011

LOCATION - THE PALACE AT SOMERSET PARK, SOMERSET, NJ

### TOPICS INCLUDE -

NUTRITION & COORDINATED SCHOOL HEALTH

INFECTIOUS DISEASE, WHAT'S NEW?

RED FLAGS IN MENTAL HEALTH

LEGAL ISSUES FOR PHYSICIANS IN PRACTICE AND SCHOOLS

### SPEAKERS INCLUDE -

BOB MURRAY, MD, FAAP

MEG FISHER, MD, FAAP

ERIC BARTKY, MD

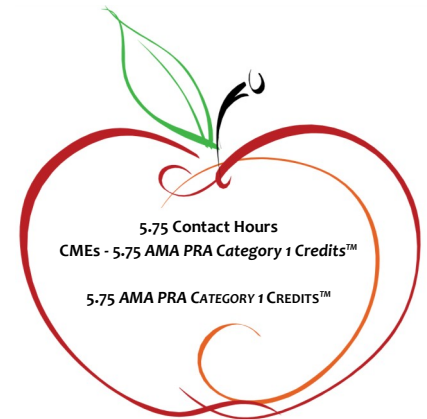
EARLY BIRD REGISTRATION FEE  
\$175 (BEFORE AUGUST 19TH)

ONLINE REGISTRATION AVAILABLE  
[WWW.AAPNJ.ORG](http://WWW.AAPNJ.ORG)

**20th Annual AAP/NJ School Health Conference**  
**‘Back to Basics: Challenges for the Next Decade’**  
**Wednesday October 26, 2011**  
**The Palace, Somerset, NJ**

7:00 - 7:45 AM	Registration / Breakfast / Exhibit Showcase
7:45 - 8:00 AM	Welcome Wayne Yankus, MD, FAAP, School Health Committee Co-Chair; Polly Thomas, MD, FAAP, School Health Committee Co-Chair; Stephen Rice, MD, PhD, MPH, FAAP, AAP/NJ President; and Marie Peppas, President of the New Jersey State School Nurses Association (NJSSNA)
8:00 - 9:00 AM	Red Flags in Mental Health Eric Bartky, MD
9:00 - 10:00 AM	Coordinated School Health Programs and Nutrition in School Robert Murray, MD, FAAP
10:00 - 10:20 AM	Break / Exhibit Showcase
10:25 - 11:15 AM	Workshop Session 1
11:20 - 12:10 AM	Workshop Session 2
12:15 - 1:30 PM	Lunch / Exhibit Showcase
1:35 - 2:35 PM	Infectious Disease - What's New? Meg Fisher, MD, FAAP
2:40 - 3:30 PM	Workshop Session 3
3:30 - 3:45 PM	Professional Development Certificates Distributed

*This activity has been jointly sponsored by Health Research and Educational Trust of New Jersey & American Academy of Pediatrics, New Jersey Chapter.*



### Workshop Sessions

Please review the workshop selections carefully. The conference is offering five (5) workshops that will be repeated three times each.

#### **Sports Disqualifiers - Who Can't Play? and Post-Concussion and the new NJ Law**

Stephen Rice, MD, PhD, MPH, FAAP

This workshop will review the major disqualifiers from sports participation; understand the pathophysiology of concussion and the need for immediate brain rest following a concussion; and understand the steps of the graduated return to play protocol for returning athletes to full participation following resolution of symptoms.

#### **School Rules & Regs for 2011 - Issues for School Nurses**

Christene DeWitt-Parker, MSN, CSN, RN

This workshop will provide an understanding of changes in N.J.A.C. 6A:16 subchapters 1 and 2; explain N.J.S.A 18A:40-41 regarding Sudden Cardiac Death in athletes, and application of these changes to daily practice in the school health office.

#### **Legal Issues for Physicians in Practice and Schools**

Jayne Wesler, Esq. & David Rubin, Esq.

This workshop is designed to make participants familiar with the special education and general education provisions of the New Jersey Administrative Code; provide a working knowledge of a school district's obligation with locating identifying, evaluating, and classifying special needs students; discuss patient symptoms, which physicians may observe in their offices that warrant attention from a school district; offer a working knowledge of the referral process for child study team and Section 504 evaluation, including criteria for eligibility under Section 504 of the Rehabilitation Act of 1973 and the Individuals with Disabilities Education Improvement Act of 2004; provide an attorney's perspective on when patient advocacy and referral is appropriate; and discuss what practice issues may arise for physicians with regards to school children.

#### **The Great Outdoors - Bugs, Bites, and Beyond**

Kristina Feja, MD (morning session) & Sam Kim, MD (afternoon session)

This workshop is designed to teach about common and important dermatological conditions related to the outdoors such as poison ivy, insect bites, and Lyme disease; educate about sun-related skin conditions commonly seen in children; and gain knowledge about common school age skin infections such as impetigo, fungal infections, and molluscum contagiosum.

#### **Demystifying the Asthma Action Plan**

Gary Pien, MD, PhD, FAAP & Laurie Rufolo, MSN, RN, CSN-NJ

This workshop is designed to review the signs, symptoms, and pathophysiology of asthma; discuss medications commonly used to treat asthma; and review practical aspects of the asthma action plan.

#### **All Things Dairy**

Robert Murray, MD, FAAP

This workshop is designed to describe the role of dairy in childhood nutrition, including its place in the new US Dietary Guidelines; discuss the pros and cons of using sugars and non-caloric sweeteners to promote dairy consumption, including flavored milk in schools; and to outline recent studies on 'dairy and weight', 'dairy fat and heart health' and 'lactose intolerance and dietary quality.'

**20th Annual AAP/NJ School Health Conference**  
**'Back to Basics: Challenges for the Next Decade'**  
**Wednesday October 26, 2011**  
**Register Online at [www.aapnj.org](http://www.aapnj.org)**

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Designation (e.g. RN, LPN, MD):** \_\_\_\_\_

**Title:** \_\_\_\_\_ **Sub-Specialty:** \_\_\_\_\_

**School / Hospital / Practice / Dept. Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Email (required):** \_\_\_\_\_

**Telephone #:** \_\_\_\_\_ **Fax #:** \_\_\_\_\_

**Dietary Needs:** \_\_\_\_\_ **Membership:** ☐ NJSSNA  
☐ AAP and/or AAP/NJ

**Please Select One (1) Workshop for Each Breakout Session: Cancellation Fee of \$95, No Refunds after October 7th**

**Workshop Session #1 - 10:25- 11:15 AM**

- ☐ A1 - Sports Disqualifiers & Post-Concussion - Stephen Rice, MD, PhD, MPH, FAAP  
☐ A2 - School Rules & Regs for 2011: Issues for School Nurses - Christene DeWitt-Parker, MSN, CSN, RN  
☐ A3 - The Great Outdoors - Bugs, Bites, and Beyond - Kristina Feja, MD  
☐ A4 - Asthma Action Plan - Gary Pien, MD & Laurie Rufolo, MSN, RN, CSN-NJ  
☐ A5 - All Things Dairy - Bob Murray, MD, FAAP

**Workshop Session #2 - 11:20 - 12:10 PM**

- ☐ B1 - Sports Disqualifiers & Post-Concussion - Stephen Rice, MD, PhD, MPH, FAAP  
☐ B2 - School Rules & Regs for 2011 - Issues for School Nurses - Christene DeWitt-Parker, MSN, CSN, RN  
☐ B3 - Legal Issues for Physicians in Practice & Schools - Jayne Wesler, Esq. & David Rubin, Esq.  
☐ B4 - The Great Outdoors - Bugs, Bites, and Beyond - Kristina Feja, MD  
☐ B5 - Asthma Action Plan - Gary Pien, MD & Laurie Rufolo, MSN, RN, CSN-NJ  
☐ B6 - All Things Dairy - Bob Murray, MD, FAAP

**Workshop Session #3 - 2:40 - 3:30 PM**

- ☐ C1 - Sports Disqualifiers & Post-Concussion - Stephen Rice, MD, PhD, MPH, FAAP  
☐ C2 - School Rules & Regs or 2011 Issues for School Nurses - Christene DeWitt-Parker, MSN, CSN, RN  
☐ C3 - The Great Outdoors - Bugs, Bites, and Beyond - Sam Kim, MD  
☐ C4 - Asthma Action Plan - Gary Pien, MD & Laurie Rufolo, MSN, RN, CSN-NJ  
☐ C5 - All Things Dairy - Bob Murray, MD, FAAP

**Registration:** (includes CME/CEUs, training materials, lunch & exhibitor showcase)

	Before Aug. 19th	After Aug. 19th
<input type="checkbox"/> AAP/NJ Member	\$175.00	\$195.00
<input type="checkbox"/> Nurses & Allied Health Professionals	\$175.00	\$195.00
<input type="checkbox"/> Physicians (Non AAP/NJ Members)	\$200.00	\$220.00
<input type="checkbox"/> Residents	\$90.00	\$110.00
<input type="checkbox"/> Purchase/Voucher Order Processing Fee	\$15.00	\$15.00

**Payment (or Purchase Order) must accompany form:**

- ☐ Check Enclosed (payable to AAP/NJ)  
☐ Purchase Order # \_\_\_\_\_  
☐ Credit Card:  
☐ Visa  
☐ MasterCard  
☐ AMEX

**Cardholder Name:** \_\_\_\_\_ **Card Number:** \_\_\_\_\_ **CSV Code:** \_\_\_\_\_

**Expiration Date:** \_\_\_\_\_ **Authorized Amount: \$** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Billing Address (if different from above):** \_\_\_\_\_

**Mail Payment & Registration Form to - AAP/NJ \* 3836 Quakerbridge Rd, Suite 108 \* Hamilton, NJ 08619 (Attn - Cortney Mott)**  
**Phone - 609.842.0014 \* Fax - 609.842.0015 or 609.588.9901**



**20th Annual AAP/NJ School Health Conference**  
**‘Back to Basics: Challenges for the Next Decade’**  
**Wednesday October 26, 2011**  
**The Palace, Somerset, NJ**

**Faculty**

**Eric Bartky, MD** - a Diplomat of the American Board of Psychiatry and Neurology with subspecialty training in Child and Adolescent Psychiatry at the New York Presbyterian Hospital, Columbia University College of Physicians and Surgeons. He serves as a Consulting Psychiatrist to the Phoenix Center, a private not-for-profit school for children ages 5-21 with severe developmental disabilities. His prior teaching activities included Child and Adolescent Psychiatry for the Pediatric Residents at Morristown Memorial Hospital with prior faculty appointments at Columbia University College of Physicians and Surgeons and the University of Miami. Dr. Bartky is active in the American Academy of Child and Adolescent Psychiatry, where he served on the Program Committee and the Research Subcommittee. He has been a Principal Investigator in a variety of research areas including ADHD, Pediatric Major Depression, Pediatric Bipolar Disorder, Adolescent Panic Disorder and Eating Disorders. He provides psychiatric evaluation, psychotherapy and medication management for children and adults in the full spectrum of anxiety, mood, behavioral and developmental disorders, as well as eating disorders. More recently Dr. Bartky is developing a Telepsychiatry Network both for providing direct care as well as for consultation with primary care providers via secure video conferencing. Dr. Bartky has a group practice in New Jersey and Southampton, NY.

**Christene DeWitt-Parker, MSN, CSN, RN** - Mrs. DeWitt-Parker earned her BSN from the University of Pennsylvania. She worked in med-surg nursing for approximately 25 years before transitioning to school nursing full-time. She completed her certification to practice school nursing and a certificate to teach K-12 from New Jersey City University. She worked as a Certified School Nurse for the Brielle Elementary School for 14 years. In 2002, Mrs. DeWitt-Parker was appointed by Governor McGreevey to sit on the NJ State Obesity Prevention Task Force, during which process she represented the NJ State School Nurse Association. She completed her masters Degree in School Nursing from Monmouth University. She has served on the Executive Board of the NJSSNA for the past five years and stepped off the Board as President-Elect when she accepted her current position at the Department of Education.

**Margaret "Meg" Fisher, MD, FAAP** - Chair, Department of Pediatrics, Monmouth Medical Center; Vice President, AAP NJ; Member of the Section of Pediatric Infectious Disease, AAP; and Professor of Pediatrics, Drexel University College of Medicine. Dr. Fisher has over 30 articles published in peer-reviewed journals, numerous invited articles, book chapters, audiotapes and one book.

**Kristina Feja, MD, MPH** - Dr. Feja graduated from Semmelweis University School of Medicine in Hungary where she received her MD. In 2004, she received her MPH from UMDNJ. Dr. Feja completed her residency at MetroHealth Medical Center at Case Western Reserve University and Pediatric Infectious Disease fellowship at Children's Hospital of New York Presbyterian at Columbia University. Dr. Feja also serves as an Adjunct Assistant Professor, Epidemiology at UMDNJ.

**Sam Kim, MD** - Dr. Kim is a dermatologist with the Summit Medical Group. He was formerly in private practice in New York City and Philadelphia. He attended Brown University and the University of Pennsylvania School of Medicine, where he was a 21st Century Endowed Scholar. He did his dermatology training at the University of Pennsylvania and served as chief resident. He is the recipient of the Nancy C. Bell, MD Memorial Prize in Dermatology. He is the coauthor of articles and book chapters concerning a wide range of topics in dermatology, published in the Journal of the American Academy of Dermatology, Archives of Dermatology, Advances in Dermatology, and Treatment of Skin Disease. He is a member of the American Academy of Dermatology.

**Bob Murray, MD, FAAP** - Dr Murray spent his career as a professor in the Department of Pediatrics of the Ohio State University School of Medicine, located at Nationwide Children's Hospital. In 2006, he became the Director of the Center for Healthy Weight and Nutrition. Previously, Dr. Murray had spent 20 years at in the field of Pediatric Gastroenterology and Nutrition, as well as the Director of the Borden Center for Nutrition and Wellness. He then served for 3 years as the Pediatric Medical Director for Ross Labs, a division of Abbott Labs before returning to Children's to develop the weight management program. Currently, Dr Murray is a member of the Department of Human Nutrition at Ohio State University and serves as a national consultant on projects involving pediatric nutrition and childhood obesity. Dr Murray is the chair of the American Academy of Pediatrics Council on School Health.

**Gary Pien, MD, PhD, FAAP** - Dr. Pien graduated from Brown University where he earned his MD/PhD. He completed his pediatric residency at Hasbro Children's Hospital, and allergy/immunology fellowship at CHOP. Dr. Pien currently practices allergy/immunology at Summit Medical Group in Berkeley Heights, NJ.

**Stephen G. Rice, MD, PhD, MPH, FAAP** - Director, Sports Medicine Fellowship, Jersey Shore University Medical Center, Dept. of Pediatrics; Clinical Associate Professor of Pediatrics, UMDNJ-Robert Wood Johnson Medical School; AAP NJ President and Chairman of the Sports Medicine Committee; liaison to the MSNJ Council on Legislation and the MSNJ Ad-Hoc Scope of Practice Committee.

**David Rubin, Esq.** - A member of the New Jersey bar since 1977, Mr. Rubin received his undergraduate degree from Duke University *magna cum laude* in 1974, majoring in public policy studies and economics. He received his law degree from Rutgers School of Law - Newark in 1977, and has pursued post-graduate study in taxation at New York University School of Law. Before forming his own firm, David B. Rubin, P.C. in 1995, to better serve a growing and diverse clientele, Mr. Rubin was managing partner of Rubin, Kuhn, Kaplan, Cahn & Goldstein, P.C. in Piscataway, New Jersey, where he had practiced since his admission to the bar.

**Laurie Rufolo, RN, MSN, CSN-NJ** - Laurie Rufolo has worked as a Certified School Nurse in charter and district schools for 15 years. She is President of the Charter School Nurses of Essex County, and a member of the New Jersey State School Nurses Association and the National Association of School Nurses. She is on the board of Sigma Theta Tau, Lambda Iota Chapter. Ms. Rufolo is dedicated to the health and wellbeing of all our children to assure their success in the classroom and in life.

**Jayne Wesler, Esq. - Ms. Wesler** is a licensed clinical social worker and a partner in the law firm of Sussan & Greenwald, Esqs. The firm's practice is limited to the representation of students with disabilities and their parents. Prior to joining the firm, Ms. Wesler practiced law with a large New Jersey law firm, where she founded the Special Education Law Section. Earlier, she served as a judicial clerk to the Hon. Clarkson S. Fisher Jr., then presiding judge of the Chancery Division for the Superior Court of Monmouth County. Ms. Wesler earned her J.D. degree from Seton Hall University School of Law; her M.S.W. degree from New York University School of Social Work in New York City; and her B.S.W. degree, *summa cum laude*, from Georgian Court College. She is admitted to practice in New Jersey, the United States District Court for the District of New Jersey, and the Third Circuit Court of Appeals.

**Sponsored By:** This activity has been jointly sponsored by Health Research and Educational Trust of New Jersey & American Academy of Pediatrics, New Jersey Chapter.

**Objectives:** At the conclusion of this activity, participants will be able to:

1. Recognize and refer students with Anxiety and Depression.
2. Discuss Coordinated Health Plans and outcomes affecting nutrition/obesity.
3. Review new immunizations and their use in students; and current topics in infections affecting students.
4. Identify the new laws in NJ regarding concussion and return to play and class.
5. Assess the new codes and regulations with State Officials.
6. Develop their knowledge on guideline use of the stated mandated Asthma Action Plan for students.

**Accreditation:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of New Jersey (MSNJ) through the joint sponsorship of Health Research and Educational Trust of New Jersey (HRET) and American Academy of Pediatrics, New Jersey Chapter. HRET is accredited by MSNJ to provide continuing medical education for physicians. HRET designates this live educational activity for a maximum of 5.5 AMA PRA Category 1 Credits™.

Physicians should claim credit commensurate with the extent of their participation in this activity.

This activity has been submitted to the New Jersey State Nurses Association for approval to award contact hours.

New Jersey State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's COA.

This activity is not supported by any commercial or non-commercial support.

**Primary Audience:** Pediatricians, School Physicians. School Nurses, Public Health Nurses, Officials and Child-care Consultants, Athletic Coaches, Athletic Trainers, and Guidance Counselors.

**2011 AAP NJ School Health Planning**

**Committee:** The planning committee does not have anything to disclose.

Wayne Yankus, MD, FAAP, Committee Co-Chair; Polly Thomas, MD, FAAP, Committee Co-Chair; Allyson Agathis, MD, FAAP; Thomas Bejgrowicz, MD, FAAP; Christene Dewitt; Mary Ditr; Marie Peppas; Thomas Potter, MD, FAAP; Elliot Rubin, MD, FAAP; Albert Sanz, MD, FAAP; Michael Segarra, MD, FAAP; Kristen Walsh, MD, FAAP; Ellen Shuzman, PhD, RNC, APN; Ellen Strong RN, MPH Fran Gallagher, MEd; Cortney Mott, MEd; and Bert Mulder.

**Faculty:**

The following faculty members do not have anything to disclose:

Eric Bartky, MD; Christene DeWitt-Parker, MSN, CSN, RN; Kristina Feja, MD; Meg Fisher, MD, FAAP; Sam Kim, MD; Gary Pien, MD; Stephen Rice, MD, PhD, MPH, FAAP; David Rubin, Esq.; Laurie Rufolo, RN, MSN, CSN-NJ; Jayne Wesler, Esq.

The following faculty have disclosed:

Robert Murray, MD, FAAP, Consultant for Abbot Nutrition & Cargill Nutrition and Speaker/Speakers Bureau for the American Dairy Council and Dairy Association and Abbott Laboratories.

**DIRECTIONS:**

The Palace at Somerset Park  
333 Davidson Avenue  
Somerset, NJ, 08873

[www.palacesomersetpark.com](http://www.palacesomersetpark.com)